Last checked: 20 October 2026 · Women and Child Development Department, Government of Gujarat

Poshan Sudha

Gujarat gives pregnant and breastfeeding women who are registered at an Anganwadi in the tribal districts a full meal at the centre, with iron and calcium tablets.

What you may get

One full meal at the Anganwadi centre, with iron and calcium tablets and health and nutrition education, for registered pregnant and lactating women. The scheme covers all 14 tribal districts of Gujarat (106 blocks and 13,894 Anganwadi centres).

Who it is for

Pregnant and lactating women who are registered at an Anganwadi centre in the tribal districts of Gujarat.

Main conditions

- The woman must be pregnant or breastfeeding and registered at an Anganwadi centre.
- The Anganwadi centre must be in one of the 14 tribal districts that the scheme covers.

Status

Active

Official source: https://wcd.gujarat.gov.in/initiativedetails?id=294
Labh Lo page: https://labhlo.in/en/schemes/gujarat/gj-poshan-sudha/

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